



3 Tips on MOVING FROM STAGNATION TO PURPOSE

1. First, know that you have a purpose. Some people wander around purposeless in life, feeling that everyone except them were born with a purpose. This is simply not true. God tells us in His word that we were all created with a purpose (Jeremiah 1:5). Usually our purpose, is connected to the gifts, talents or passions God has given us. Perhaps you have a passion to write inspiring literature. Your purpose may be to write a countless number of materials to be a blessing for people from all walks of life. Perhaps you have the gift to listen to others, helping them develop solutions to their problems. Your purpose may be to become a counselor, a coach, a motivator. Whatever it may be, know that you have a purpose. You may be locked up in jail, living in a homeless shelter, battling a serious

addiction to drugs; enslaved in a physically abusive relationship; yet you still have a purpose.

2. Come to terms with your situation that in order to make progress, you must take action! Time after time again, we are stagnated in life simply because we do not take action. We make New Year's Resolution, only to have them fall by the wayside because we stop taking action. We set goals for ourselves, both short-term and long-term only to allow setbacks, discouragement, and procrastination keep us from realizing any of them. IF you are going to move from stagnation to purpose, you must become sick and tired of being sick and tired of where you are and purpose to set concrete steps in the direction that you need to go.

Sometimes we make "justifiable" excuses. For example, "I don't have enough money." "I'm too old." "I don't have everything I need." While these may be true, they are only a hindrance if we ALLOW them to be a hindrance. I challenge you at this moment to use what you have. In other words, "work with what you got!" As I began to stop making excuses, waiting on the "perfect moment," to become in life coaching, things began to happen for me! They began to line up! But it took me to come to the conclusion to work with what I had right where I was. And, you can too! Let go of those "justifiable" excuses holding you back from walking in your purpose. It is time to launch out into the deep with what you have! Just one step in the right direction is enough to put your life in a direction of

success, more contentment, more fulfilment and more peace!

3. Make your vision plain. When we write things out, they are clearer to us. We can better determine what course of action we should take in order to get us where we want to go. In addition, when we write things out, we are more apt to act upon them. So write it out. Let your action include small, concrete steps that you know you can achieve as you build toward larger ones. Above all, commit your plan unto the Lord. Proverbs 16:3 say, *Commit thy works unto the Lord, and thy thoughts shall be established.* In other words, commit whatever you do unto the Lord and He will bless your plans to succeed.
4. Lay aside the weights. Know that when you're working toward change, at times you can become discouraged, frustrated, tired and discouraged in the process. However, you must lay these things aside and continue to press toward your purpose (Philippians 3:14). Look at it this way. If some of the people who we admire (Bill Gates, Tyler Perry, Oprah Winfrey, Bill Gates, Fred Smith, etc., would have allowed frustration and discouragement interfere with their dreams, they never would have become the multi-millionaires they are today! Realize, temptation will be there to hold tightly to these weights; however, you must lay them aside. Recognize that these things are part of the process, but as the word of God declares, *All things work together for the good of them who love God, who are*

the called according to His purpose (Romans 8:28). Thus, God is able to use your frustrations and discouragements as catalyst to cause you to press even harder toward your destiny. It doesn't even matter what your past is or what mistakes you have made along the way. You still were created for a purpose and all these things are used by God to make the very best of you!

Moreover, being a man of woman of prayer is crucial to helping you lay aside these weights. Prayer will help you; strengthen you; encourage you; lift you; motivate and inspire you to run on to see what your end will be. And according to the word of God, your end is victorious and prosperous. Jeremiah 29:11 says, *For I know the thoughts that I think toward you. Thoughts of good, not of evil to you an expected end.*

So Press on my dear brother, my dear sister! Someone's future is depending on you achieving your destiny!

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